# ballet chelsea

March 2, 2022

Dear Ballet Chelsea Families,

In light of changes to the Community Risk Level rating for COVID-19 in southeast Michigan, and recent CDC and WCHD guidance, Ballet Chelsea hereby rescinds its COVID-19 August 17, 2021 Studio Policy Update, and adopts the following policies as of March 7, 2022.

1. Ballet Chelsea will maintain the **staff and student screening policies** and record-keeping, contained in the "Health and Safety Staff Policy Agreement" and the "Health and Safety Student Policy Agreement" adopted on February 23, 2021.

2. When the CDC Covid-19 Community Level is HIGH, Ballet Chelsea will maintain the **universal masking policies** contained in the "Health and Safety Staff Policy Agreement" and the "Health and Safety Student Policy Agreement" adopted on January 23, 2021 with updated mask standards. When the CDC Covid-19 Community Level is MEDIUM, the masking policy is adjusted to **"strongly recommended".** Masks shall meet the standards in the attached MDHHS January 2022 guidance. https://www.michigan.gov/coronavirus/0,9753,7-406-100997_100998---,00.html

3. **Only students, staff, and board members where necessary, may enter the studio**, except in the case of ADP students and students under the age of 5 in which case a parent or caregiver may accompany the student; PROVIDED, HOWEVER, that such parent or caregiver must participate in the same screening and masking protocols as apply to students and staff.

4. In lieu of the 6 feet and 10 feet social distancing rules contained in the "Health and Safety Staff Policy Agreement" and the "Health and Safety Student Policy Agreement" adopted on February 23, 2021, and the directives about staggering the start times of classes contained in those Agreements, **Ballet Chelsea adopts the attached calculations for maximum class and lobby densities**, which calculations are based on the Khan/Bush/Bazant "Covid-19 Safety Guideline," see https://indoor-covid-safety.herokuapp.com.

5. Previous policies regarding persons **diagnosed with COVID-19** remain the same: any diagnosed person must notify the Artistic Director and/or Director of Business Management immediately. The diagnosed person will not be permitted to reenter the Studio until s/he tests negative (PCR or Rapid Antigen test) for the virus or otherwise is cleared by her or his physician.

6. When BC is notified of a positive **covid case in the studio** that would constitute a close contact event, BC will notify all effected students and staff of the event by email. This will include staff and students in classes going back 3 days from the date of the positive covid test. Affected students and staff should proceed as directed in 7a. or 7b. below.

7. If a student, staff, or board member, or parent/caregiver has been exposed to **Covid-19 in a close contact event** during the previous 10-day period ("close contact" as defined in the February 23, 2021 Staff and Student Policy Agreements), the following protocols will apply:

   a. **If a vaccinated person** has a close contact event, and does not have COVID-19 symptoms, that person may reenter the Studio and is asked to get a COVID-19 test on day 5 following the last close contact event.

   b. **If the person in close contact is unvaccinated, or fully vaccinated but shows COVID-19 symptoms**, that person may not reenter the studio until after quarantining for at least 5 days (was 10 days) after the last close contact, and meeting *each* of the following:
      1. fever-free for 24 hours (without the use of fever-reducing medication) and
      2. symptoms are improving or gone and
      3. tests negative (PCR or Rapid Antigen test) for the virus or are otherwise cleared by your physician to return.

8. As stated earlier, all Ballet Chelsea policies contained in the "Health and Safety Staff Policy Agreement" and the "Health and Safety Student Policy Agreement" adopted on January 24, 2022, remain in effect except where they are inconsistent with the statements above.

Ballet Chelsea Board of Directors

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## When to stay home

https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html

| IF YOU Were exposed to COVID-19 and are NOT up-to-date on COVID-19 vaccinations | **Quarantine for at least 5 days**<br><br>**Stay home**<br>Stay home and quarantine for at least 5 full days.<br><br>Wear a well-fitted mask if you must be around others in your home.<br><br>**Get tested**<br>Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19. | **After quarantine**<br><br>**Watch for symptoms**<br>Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.<br><br>**If you develop symptoms**<br>Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others. |
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| IF YOU Were exposed to COVID-19 and are up-to-date on COVID-19 vaccinations | **No quarantine**<br>You do not need to stay home **unless** you develop symptoms.<br><br>**Get tested**<br>Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19. | **Watch for symptoms**<br>Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.<br><br>**If you develop symptoms**<br>Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others. |
| IF YOU Tested positive for COVID-19 or have symptoms, regardless of vaccination status | **Stay home for at least 5 days**<br>Stay home for 5 days and isolate from others in your home.<br><br>Wear a well-fitted mask if you must be around others in your home. | **Ending isolation if you had symptoms**<br>End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.<br><br>**Ending isolation if you did NOT have symptoms**<br>End isolation after at least 5 full day safter your positive test.<br><br>**If you were severely ill with COVID-19**<br>You should isolate for at least 10 days. Consult your doctor before ending isolation. |