

# ballet chelsea

July 1, 2022

Dear Ballet Chelsea Families,

At Ballet Chelsea, the health of our community is of the utmost importance. We must all play our part to ensure we are able to continue offering in-person classes. We ask that our dancers and staff continue to do their part to create and maintain a culture of safety and health in the Ballet Chelsea studio. Below you will find our most up-to-date Covid-19 protocols and screening questions.

1. When the CDC Covid-19 Community Level is HIGH, Ballet Chelsea will maintain a universal masking policy. When the CDC [Covid-19 Community Level](#) is MEDIUM or LOW, the masking policy is adjusted to “strongly recommended”.
2. Masks shall meet the standards in the attached MDHHS January 2022 guidance. [https://www.michigan.gov/coronavirus/0,9753,7-406-100997\\_100998---,00.html](https://www.michigan.gov/coronavirus/0,9753,7-406-100997_100998---,00.html)
3. Parents and visitors are allowed into the building. Anyone not registered for classes must sign the visitor log located at the front desk.
4. In lieu of the 6 feet and 10 feet social distancing rules contained in the “Health and Safety Staff Policy Agreement” and the “Health and Safety Student Policy Agreement” adopted on February 23, 2021, and the directives about staggering the start times of classes contained in those Agreements, Ballet Chelsea adopts the attached calculations for maximum class and lobby densities, which calculations are based on the Khan/Bush/Bazant “Covid-19 Safety Guideline,” see <https://indoor-covid-safety.herokuapp.com>.
5. Any diagnosed person must notify the Artistic Director and/or Director of Business Management immediately. The diagnosed person will not be permitted to reenter the studio until s/he tests negative (PCR or Rapid Antigen test) for the virus or otherwise is cleared by her or his physician.
6. When BC is notified of a positive covid case in the studio that would constitute a close contact event, BC will notify all effected students and staff of the event by email. This will include staff and students in classes going back 3 days from the date of the positive covid test. Affected students and staff should proceed as directed in 7a. or 7b. below.
7. If a student, staff, or board member, or parent/caregiver has been exposed to Covid-19 in a close contact event during the previous 10-day period (“close contact” as defined by having been within 6 feet of an infected person for at least 15 minutes over a 24-hour period with or without a mask), the following protocols will apply:
  - a. If a vaccinated person has a close contact event, and does not have COVID-19 symptoms, that person may reenter the Studio and is asked to get a COVID-19 test on day 5 following the last close contact event.
  - b. If the person in close contact is unvaccinated, or fully vaccinated but shows COVID-19 symptoms, that person may not reenter the studio until after quarantining for at least 5 days (was 10 days) after the last close contact, and meeting each of the following:
    - i. fever-free for 24 hours (without the use of fever-reducing medication) and
    - ii. symptoms are improving or gone and
    - iii. tests negative (PCR or Rapid Antigen test) for the virus or are otherwise cleared by your physician to return.

## When to stay home

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

<p><b>IF YOU</b></p> <p>Were exposed to COVID-19 and are NOT <a href="#">up-to-date</a> on COVID-19 vaccinations</p>	<p>Quarantine for at least 5 days</p> <p><b>Stay home</b></p> <p>Stay home and <a href="#">quarantine</a> for at least 5 full days.</p> <p><b>Wear a mask</b></p> <p>Wear a well-fitted mask if you must be around others in your home.</p> <p><b>Get tested</b></p> <p>Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.</p>	<p>After quarantine</p> <p><b>Watch for symptoms</b></p> <p>Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p><b>If you develop symptoms</b></p> <p><a href="#">Isolate</a> immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.</p>
<p><b>IF YOU</b></p> <p>Were exposed to COVID-19 and are <a href="#">up-to-date</a> on COVID-19 vaccinations</p>	<p><b>No quarantine</b></p> <p>You do not need to stay home unless you develop symptoms.</p> <p><b>Get tested</b></p> <p>Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.</p>	<p><b>Watch for symptoms</b></p> <p>Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p><b>If you develop symptoms</b></p> <p><a href="#">Isolate</a> immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.</p>
<p><b>IF YOU</b></p> <p>Tested positive for COVID-19 or have symptoms, regardless of vaccination status</p>	<p><b>Stay home for at least 5 days</b></p> <p>Stay home for 5 days and <a href="#">isolate</a> from others in your home.</p> <p>Wear a well-fitted mask if you must be around others in your home.</p>	<p><b>Ending isolation if you had symptoms</b></p> <p><a href="#">End isolation after 5 full days</a> if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.</p> <p>Ending isolation if you did NOT have symptoms <a href="#">End isolation after at least 5 full day</a> safter your positive test.</p> <p>If you were severely ill with COVID-19 you should isolate for at least 10 days. <a href="#">Consult your doctor before ending isolation.</a></p>