

At Ballet Chelsea, our highest priority is keeping our students and staff safe while continuing to offer the best possible dance education and training. We have rigorously and carefully gathered information about best practices from local, state, and federal authorities in an effort to ensure that our new procedures meet necessary and appropriate standards for both health and dance.

The guidelines below were developed to maintain the health and safety of both students and staff. It is imperative that both parent/guardian and student review these guidelines one by one. Please initial each section.

### I. Upon Arrival at the Studio:

- Masks are optional. Please see “Section V: Guidance on Masks” for more detailed information.
- Parents and visitors are allowed into the building. Anyone not registered for classes must sign the health screening log located at the front desk.
- Staff are required to sign in on the health screening log located at the front desk.
- Students' attendance will be logged electronically by their class instructor.
- Prior to entering the studio students, staff, and guests should review the following questions:
  1. Do you have **any** of these symptoms?
    - A fever greater than 100.4 degrees
    - Difficulty breathing (shortness of breath)
    - New or worsening cough (not allergy related)
    - New loss of taste or smell
  2. Do you have **two or more** of these symptoms that are **new or unexplained**
    - Fatigue
    - Muscle or body aches
    - Headache
    - Sore throat
    - Congestion or runny nose
    - Abdominal pain
    - Chills

3. Have you been in **close contact**\* in the last 14 days with: A person who has a confirmed case of COVID-19?

\***Close contact** means you have been within 6 feet of an infected person for at least 15 minutes over a 24-hour period with or without a mask.

If a student, staff member, or visitor answers yes to Health Screening questions 1 or 2, they will not be allowed to enter the studio.

If a student develops symptoms while in class, their teacher will help the students to a safe location out of the classroom and notify a parent or guardian to pick-up their student immediately.

If a student, staff member, or visitor answers yes to question 3, please refer to section IV, 3a-c with guidance on how to proceed.

## II. Entering Class

- Ballet Chelsea will use the attached calculations for maximum class and lobby densities, with calculations based on the Khan/Bush/Bazant “Covid-19 Safety Guideline,” see <https://indoor-covid-safety.herokuapp.com>.
- If a student appears to be ill or becomes ill during class teachers will help the student to a safe location out of the classroom and notify parent or guardian to pick-up their student immediately.
- Hand sanitizer and cleaning solution for the barres are available in each studio.

## III. Guidance for Masks:

When the CDC Covid-19 Community Level is HIGH, Ballet Chelsea reserves the right to reinstate a universal masking policy. When the CDC [Covid-19 Community Level](#) is MEDIUM or LOW, the masking policy is “strongly recommended”.

Masks are a key tool in the fight against the spread of COVID-19. Masks meeting the following characteristics are recommended:

- includes multiple layers
- covers and fits snugly above and below your nose and mouth
- fits snugly against the sides of your face without any gaping
- is secured with ties or ear loops.

**IV. Confirmed Cases of COVID-19:**

- If a Ballet Chelsea student or staff member is diagnosed with a confirmed case of COVID-19, and/or was present in the building, then that person is responsible for immediately notifying the Ballet Chelsea administration at [office@balletchelsea.org](mailto:office@balletchelsea.org) who will implement the following protocols:
  1. The diagnosed person will not be permitted to reenter the Studio until they test negative for the virus by PCR or Rapid Antigen Test, or otherwise is cleared by their physician.
  2. If the exposure is classified as a close contact event within the Ballet Chelsea studio, Ballet Chelsea will notify all affected students and staff of the event by email. This includes students and staff in classes dating back 3 days prior to the date of the exposure. Affected students should proceed as directed in 4a, b & c below.
  3. A Ballet Chelsea administrator will report the confirmed COVID-19 case to the President of the Ballet Chelsea Board of Directors.
  4. If a student, staff, board member, or parent/caregiver has been exposed to covid-19 in a close contact event during the previous 10-day period (“close contact” as defined by having been within 6 feet of an infected person for at least 15 minutes over a 24-hour period with or without a mask), the following protocols will apply:
    - a. If a vaccinated person has a close contact event, and does not have COVID-19 symptoms, that person may reenter the studio and is asked to get a COVID-19 test (PCR or Rapid Antigen test) on day 5 following the last close contact event.
    - b. If an unvaccinated person has a close contact event and does not have COVID-19 symptoms, that person may reenter the studio and is asked to:
      - i. wear a mask for 5 days following the last close contact event, and
      - ii. get a COVID-19 test (PCR or Rapid Antigen test) on day 5 following the last close contact event.
    - c. If any person in a close contact event shows COVID-19 symptoms or tests positive for covid-19 that person may not reenter the studio until after quarantining for at least 5 days after the last close contact event and must meet each of the following:

- i. fever-free for 24 hours (without use of fever-reducing medication)
  - ii. symptoms are improving or gone, and
  - iii. tests negative (PCR or Rapid Antigen test) for the virus or are otherwise cleared by your physician to return.
  
5. In more extreme circumstances such as those involving multiple confirmed cases or widespread potential exposures, the Board may require more restrictions in the interests of the health and safety of the Ballet Chelsea community including temporarily closing classes.

Any student, staff, parent/guardian/caregiver, board member, or visitor that is unable to follow these safety protocols will not be allowed to enter Ballet Chelsea or take in person classes. This is for the health of all students, staff, parents/guardians/caregivers, board members, or visitors.

As the COVID-19 situation continues to evolve, Ballet Chelsea's health and safety guidelines will also evolve. Any changes in these guidelines will be approved by the Ballet Chelsea Board of Directors and communicated via email and our website.