



# Ballet Chelsea COVID-19 Health and Safety Student Policy Agreement

Prepared by Covid-19 Response and Readiness Team and approved by the Ballet Chelsea Board of Directors

Adult Participant, Parent/Guardian Name \_\_\_\_\_

Student Participant Name \_\_\_\_\_

Date \_\_\_\_\_

To our students and parents,

As we prepare to re-open Ballet Chelsea for in-person classes, we want to assure everyone that we have rigorously and carefully gathered information about best practices from local, state, and national authorities in an effort to ensure that our new procedures meet necessary and appropriate standards for both health and dance. Our highest priority is keeping our students and staff safe while continuing to offer the best possible dance education and training.

The guidelines below were developed to maintain the health and safety of both students and staff. It is imperative that both parent/guardian and student review these guidelines one by one. Please initial each section.

**I. Before coming to class, students must bring the following:**

- Full water bottle. The drinking fountain will not be in use. No food or eating will be allowed in the building with the exception of students who require food during their time in the building because of a health-related condition. Exceptions must be cleared by the Wendi DuBois.
- Masks (see description below) – At least 2 masks and a container to keep the masks in. This could be a Ziploc bag or other reusable bag.
- Dressed for class – students need to arrive already dressed for class. Students are highly discouraged from changing clothes at the studio.

Initials \_\_\_\_\_

**II. Upon Arrival at the Studio:**

Do not arrive more than 10 minutes early for your class. This is to minimize student contact and allow staff to clean studio barres in between classes. Students must maintain 6-foot social distancing while waiting to enter the building.

Students are required to wear a mask at all times. Please have your mask on as you enter the studio. If during class your mask becomes wet, please switch to a clean mask and place your used mask in a Ziploc bag or other reusable container.

Only students taking class in the studio are allowed in the studio. Parents, siblings, grandparents etc. are not allowed in the studio.

Students and staff will undergo a health screening each time they enter the studio; sick students or staff will be sent home and will not be allowed to return until cleared by a physician.

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As students enter the studio, they will have their temperatures taken and will be asked the following health screening questions:

1. Do you have **any** of these symptoms?
  - A fever greater than 100.4 degrees
  - Difficulty breathing (shortness of breath)
  - New or worsening cough (not allergy related)
  - New loss of taste or smell
  
2. Do you have **two or more** of these symptoms that are **new or unexplained**?
  - Fatigue
  - Muscle or body aches
  - Headache
  - Sore throat
  - Congestion or runny nose
  - Abdominal pain
  - Chills
  
3. Have you been in **close contact** in the last 14 days with:
  - A person who has a confirmed case of COVID-19?

**Close contact** means you have been within 6 feet of an infected person for at least 15 minutes over a 24-hour period with or without a mask.

If a student answers yes to any of the Health Screening questions, then teachers will help the student to a safe location out of the classroom and notify a parent or guardian to pick-up the student immediately.

A Health Screening Log will be kept for every staff and student coming into the building.

On entering the building and passing the Health Screening, students will be given an assigned spot to place their belongings, at least 6 feet away from other students.

No crowding will be permitted in the common areas.

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### **III. Entering Class:**

Class sizes will be significantly reduced to allow for 10 feet of distance between students.

Classes will have staggered start times with 15-30 minutes in between each class to allow for less contact entering and exiting of the building and to allow for studio cleaning between classes.

Students must bring their water bottle and any dance gear needed for your class (shoes, skirt, extra masks) into the studio. Students will not be excused to retrieve these items once class begins.

As you enter class, please follow the directions of the teacher and maintain social distancing to get to your assigned spot/location.



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Students will be assigned a spot to stand in class while at the barre. Center work will also be controlled with 10 feet of distance in between students. No hands-on or close correction of students will be allowed, teachers will remain 10 feet away from students.

While in class, if students need to use the restroom, students must ask permission and be excused by the teacher. Only one student at a time is allowed to leave the class or be in a bathroom. Students waiting to use the bathroom should maintain a distance of six feet between themselves and others. Teachers of upper-level classes may, at their discretion, allow a few students at a time to leave the class for a short break in between back-to-back classes with a reminder to maintain appropriate social distancing.

If a student appears to be ill or becomes ill during class teachers will help the student to a safe location out of the classroom and notify parent or guardian to pick-up student immediately.

Hand sanitizer is available in the studio and students are encouraged to sanitize their hands regularly.

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#### **IV. Dismissal from Class:**

Students must immediately collect their belongings and prepare to leave the studio through the door they entered.

Do not congregate with other students inside or outside the studio.

Parents must be on time to pick up students. Staff need to clear the studio area in between each class. Students will not be allowed to wait inside the studio.

If you are carpooling with another student or sibling and their class do not dismiss at the same time, staff will direct students to a designated waiting area. Students must remain in this designated area until ready to exit the building.

#### **V. Guidance for Masks:**

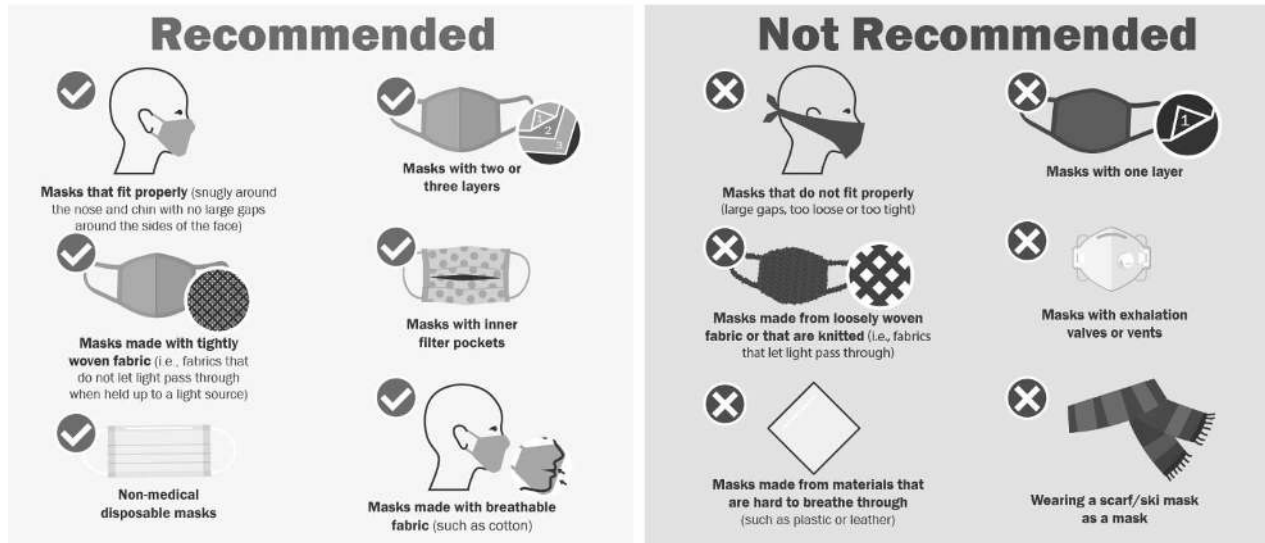
Masks are a key tool in the fight against the spread of COVID-19. Please ensure that masks meet these characteristics:

- Includes multiple layers.
- Covers and fits snugly above and below your nose and mouth.
- Fits snugly against the sides of your face without any gaping.
- Is secured with ties or ear loops.

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## Mask up, Mask right



### Need help getting a mask?

Residents can pick up a free mask from partner sites across the state, including most local MDHHS offices and Community Action Agencies. Find a distribution site or call the COVID-19 hotline at 1-888-535-6136.



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### VI. Additional Studio Notes:

Due to health and safety concerns, a Lost and Found WILL NOT be maintained. It is the student's responsibility to make sure they have all their belongings before leaving the studio.

Any student that is unable to follow these safety protocols will not be allowed to take any in person classes at Ballet Chelsea. This is for the health of all students and staff.

Any student quarantined due to illness or Covid-19 exposure may participate in virtual classes until cleared by their physician to return for in-person classes. Virtual class offerings will be available for our youngest students (ages 3-6) and for students with health issues or concerns for safety.

If a Ballet Chelsea student or staff member is diagnosed with a confirmed case of COVID-19, and were present in the building, then that person is responsible for immediately notifying the Artistic Director, Wendi DuBois, and the studio will implement the following steps:

1. The Artistic Director and Studio Manager/Registrar will identify all dancers and instructors who have recently been in class with the newly diagnosed individual.



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2. All students and instructors who have recently been in class with the newly diagnosed individual will be notified by Ballet Chelsea of their possible exposure to Covid-19. They will be advised to stay home in quarantine for 14 days and urged to consult with their healthcare provider. The notification process will *strictly* protect the identity of the infected student or staff member.
3. All dance classes with COVID-19 exposure will immediately shift to virtual classes for a period of 14 days from the initial exposure. This will allow all students and teachers who are in quarantine, but able and interested in dancing, to remain dancing safely and avoid make-up classes later in the year.
4. Exposed area(s) (e.g., studio, entrance area, bathrooms) will be temporarily closed until they have been thoroughly cleaned and disinfected.
5. The confirmed COVID-19 case will be reported to the Washtenaw County Health Department using their [secure online portal](#) and they will initiate contact tracing.
6. The Artistic Director and Studio Manager/Registrar will report the confirmed COVID-19 case to the President of the Ballet Chelsea Board of Directors.
7. In more extreme circumstances such as those involving multiple confirmed cases or widespread potential exposures, the Board may require more restrictions in the interests of the health and safety of the Ballet Chelsea community.”

Building cleaning will occur daily. Common surfaces will be cleaned several times each day. Ballet barres and other studio equipment will be sanitized in between each class.

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Please know that as the COVID-19 situation continues to evolve, Ballet Chelsea’s health and safety guidelines will also evolve. Any changes in these guidelines will be approved by the Ballet Chelsea Board of Directors and communicated via e-mail with all Ballet Chelsea families.

The undersigned have read through and agree to abide by the Ballet Chelsea policies and procedures described above.

Parent or Guardian: \_\_\_\_\_

Student: \_\_\_\_\_